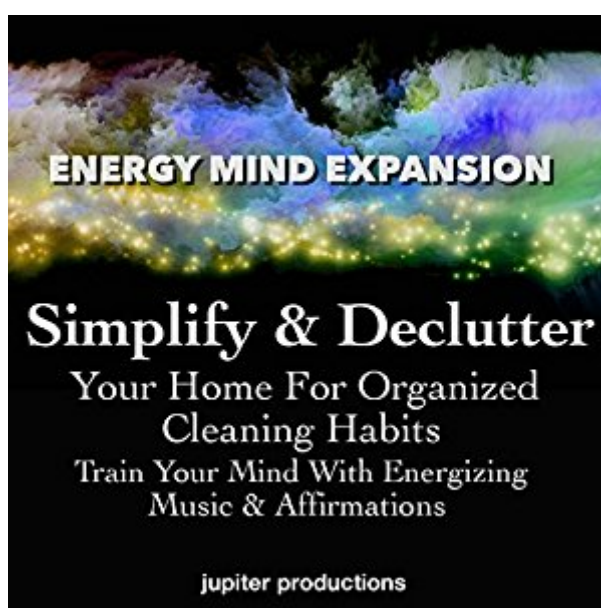


The book was found

# Simplify & Declutter Your Home For Organized Cleaning Habits: Train Your Mind With Energizing Music & Affirmations



## Synopsis

This program was designed to assist the listener in creating a beautiful, comfortable, clean home with thoughts related to increased automatic cleaning habits, enhanced positive feelings towards cleaning and organizing, and increased positive feelings about letting go of the baggage.

Empowering thoughts create an empowered you! Narrated by Anna Thompson, MA, MHP, LMHC, Advanced Clinical Hypnotherapist. Thoughts, like energy, influence our emotions, our behaviors and our overall perception of ourselves and the world around us. What we focus on increases. So if we are focused on distractions, struggles, and pessimistic thoughts, we unconsciously and energetically attract more of the same. We can also use this incredible mental energy to create the inner and outer life we want. Through our thoughts, we are powerful to change ourselves, our relationships, and what we attract into our world. The music in this program was designed to enhance feelings of energy and optimism coupled with positive thoughts and beliefs related to the topic of your choice. It has been designed for those who prefer to listen while in the car or doing other things. From a practical perspective, what we tell ourselves on a consistent basis, our mind eventually accepts as fact. Those thoughts build momentum, creating corresponding emotions and behaviors that reinforce what we are consistently thinking. From a more metaphysical perspective, like attracts like. Whatever thought vibration you focus on regularly attracts more of the same. Why not use your vast mind potential to create what you really want?

## Book Information

Audible Audio Edition

Listening Length: 1 hour 17 minutes

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Simplify & Declutter Your Home for Organized Cleaning Habits: Train Your Mind with Energizing

Music & Affirmations Decluttering: The Benefits and Art of Minimizing and Organizing (declutter, declutter your home,organization,cleaning,decluttering book,tidying up,declutter your life) Cleaning: All Natural Homemade Cleaning Recipes: A DIY Cleaning Guide to Safe, Environmentally Friendly Money-Saving Recipes: Aromatherapy, Clean, Organization, ... Organizing, Declutter, Organizing Book 1) Declutter Your Mind Now - 22 Simple Habits To Declutter Your Mind & Live A Happier, Healthier And Stress-Free Life: How To Eliminate Worry, Anxiety & ... A Richer Life (Decluttering Secrets Book 1) Organize Your Life, How To Be Organized, Productive & Happier In Life,Declutter Your Home and Be Productive at Work. (How to plan your life, Get Organized Book 1) Baking Soda Power! Frugal and Natural: Health, Cleaning, and Hygiene Secrets of Baking Soda (60+) - 2nd Edition! (DIY Household Hacks, Chemical-Free, Green Cleaning, Natural Cleaning, Non-Toxic) Clutter-Free: ONE HOUR A WEEK DECLUTTER! Simple Stress-Free Habits of a Clutter-Free Life.How to Organize Your Home,Finance&Lifestyle! (Clutter Free,Lifestyle,Clutter,Declutter) DIY Household Hacks for Beginners: DIY Hacks For Cleaning And Organizing, Increased Productivity, Declutter your Home (DIY Home Improvements, DIY Household ... And Organizing, Increase Productivity) Minimalism: Declutter Your Mind, Declutter Your Life Living Simple, Free & Happy: How to Simplify, Declutter Your Home, and Reduce Stress, Debt & Waste Million Dollar Habits: 27 Powerful Habits to Wire Your Mind For Success, Become Truly Happy, and Achieve Financial Freedom (Habits of Highly Effective People Book 1) Declutter: Rediscovering your home. Declutter at once.: Getting the Maximum Use of Every Room. Simplify Thanksgiving: Quick and Easy Recipes To Make Thanksgiving Great (Simplify the Holidays) Declutter Your Home Guided Self Hypnosis: Stop Hoarding & Organize Your Life, Bonus Affirmations & Body Work Minimalism: Declutter & Organize to Simplify your Life Minimalist Living: Simplify, Organize, and Declutter Your Life Minimalism: How To Declutter, De-Stress And Simplify Your Life With Simple Living The Joy of Less: A Minimalist Guide to Declutter, Organize, and Simplify (Updated and Revised) Affirmations: 500 Powerful And Positive Affirmations For Maximizing Your Success (FREE BONUS - Law of Attraction Included) (Attract abundance, Reprogram ... Mind, Achieve Success, Law of Attraction) Cleaning Plain & Simple: A ready reference guide with hundreds of sparkling solutions to your everyday cleaning challenges

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